

UB SCOOP

February 2020



Hello Upward Bound! We've had better luck this year with the weather allowing us to see each other at Saturday Academies, but it seems that illness is rampant! We hope everyone is keeping healthy this winter. At Upward Bound, we're keeping our spirits up as we plan and prepare for the rest of the Academic year and we are already looking ahead toward Summer!

We are currently beginning the process of hiring our Summer staff, and we have some wonderful applicants this year! SAC members will be interviewing potential RAs soon, and we know they'll do a wonderful job representing the interests of their peers in Upward Bound.

Class schedules will soon be ready. This year, we will have you all sign up for classes electronically. Please watch

your NW email for this information, coming soon!

TRIO day, is the date of our upcoming February Saturday Academy; February 29 (Leap Day!). We will have a normal Saturday Academy schedule, followed by our TRIO day celebration. Families are welcome to attend the entire day, or just the celebration, which will take place from 11:00 AM – 2:00 PM. Lunch will be provided for all attendees.

Due to having to cancel our January Saturday Academy, we will now have our New Student Orientation on February 29th as well, from 12:30-1:15 PM. All new students and at least one parent will need to attend.

Now, as we prepare for all of our Spring and Summer activities, let's not forget our many newly admitted Upward

Bound family members!

Upward Bound would like to extend a warm welcome to all of our new participants! You have been selected to join Upward Bound because you have demonstrated a desire to succeed and a willingness to work hard to prepare a bright future for yourselves. But it doesn't stop there. Now is the time to show that Upward Bound is a priority by being committed to the activities and services that Upward Bound provides, including active participation in Field Tutoring and Saturday Academies. Active participation will show your dedication, while also expanding your horizons with new, exciting experiences alongside many new friends. . . .Continued on page 2

Special Points of interest:

- Saturday, February 29, 2020
Saturday Academy and TRIO Day Celebration – Garrett-Strong Building – 8:30 AM- 2:00 PM (TRIO Celebration begins at 11:00 AM)

New Student/Family Orientation – 11:00 AM-12:30 PM
- Tuesday, April 21, 2020
Bridge Orientation – Hughes Fieldhouse – Room 212 5:30-8:00 PM
- **SUMMER SCHEDULE CHANGE**
June 7, 2020
Move-In
See pages 5-7 for further details
- Tuesday, May 5 and Wednesday May 6, 2020
Summer Orientation – Hughes Fieldhouse – 6:00-7:30 PM (*all students and parents must attend ONE night*)

W.A.T.C.H. Dogs sign up after each Summer Orientation Night

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2019-2020 Yearly Upward Bound Checklist

It is important to always make note of upcoming due dates and deadlines. This especially applies to your Upward Bound Student Checklist. Each grade has their own list of tasks to complete by the end of the academic year in May, with the exception of newly admitted students. If you were just admitted to Upward Bound this year, don't worry, you do not have a Checklist yet. ☺ All checklists for seasoned UBERS are on Canvas. <https://nwmissouri.instructure.com/login/canvas>

If you have not logged in for a while and you must reset your password, use this link <https://nwpass.nwmissouri.edu/pm/> and click on "Change Password". If you do not remember your password, click on "Reset Password". Finally, if you need additional help, call the Northwest Helpdesk at **660-562-1634**.

Once you have logged in to Canvas, you will see the main screen, or Dashboard, for your Checklist (class). This main page will show you all assignments for your Checklist, as well as dates that each is due. If you would like to see your progress, click on "Grades" on the left-hand side of the screen. This will show you what has been turned in and what has been "graded".

If you have any questions about completing your Checklists, please contact Jackie or Rachel.

...Continued from Page 1.

Upward Bound is committed to providing the necessary resources for your success, so with those resources, your dedication, and your desire to succeed, you will go far in achieving your goals. As our new Upward Bound students prepare for the journey ahead, we have to remember that Upward Bound families also devote energy and make sacrifices for their child's success. We very much understand and respect the sacrifices being made so students get the best opportunities. There may be trying times for our students, when they may potentially feel overwhelmed or may be dealing with difficulties. If these experiences are seen as growth opportunities and our families can offer support, this can go a long way to helping participants improve themselves on an academic as well as a personal level. Open communication and support is key to ensuring student success both at home and through Upward Bound.

All of our newest Upward Bound members are listed below. Let's welcome and celebrate them as they embark on the journey toward college! Opportunities await! Welcome to Upward Bound!

| | | | |
|-----------------------|--------------|------------------|--------------|
| Skyllar Bammer | Nodaway-Holt | Jordan Jackson | Rock Port |
| Kylie Beasing | Rock Port | Ruel Jefferies | Nodaway-Holt |
| Matti Davis | Stanberry | Cassie Lebow | West Nodaway |
| Chandler Dial-Tuomala | Maryville | Taylor Pruett | Rock Port |
| Meagan Eaton | King City | Jazlyn Russell | King City |
| Daelyn Ebrecht | Maryville | Rayven White | Maryville |
| Nicklas Herbert | King City | Chloe Wiederholt | Maryville |
| Shaylyn Horn | Maryville | Marissa Webster | Stanberry |

SENIOR SPOTLIGHT!

Nakayla Nelson



My senior year is quickly coming to an end and honestly it is not going exactly how I anticipated. However, I would like to focus on the positives. After this year I will have completed overall 9 dual credit classes and all of them with passing grades so far, so I feel very accomplished about that. That is 27 credit hours that I will already have done before even stepping on campus next year. Once I finish the class I will take over the summer with Upward Bound I will have 30 credit hours done which has saved me an entire year of college tuition. With the Upward Bound Dual Credit Scholarship I don't have to pay all of the tuition for my classes, if anything, and that helped my family out a lot financially. My current plan for after High School is go to Northwest Missouri State University to get a bachelor's degree. I still have no idea what degree I want to study for in college or what I want to do in my life but I don't have to decide right now. I am starting to relax and enjoy my senior year a lot more. To all of the people who are still in high school even after this year it would be best to get ahead while you can. You might want to take the same classes as your best friends and take easy classes so you won't be challenged, but then when you get to college you are going to have an even harder time adjusting. My advice is even though you might not want to do it now you should push yourself. Not so much that you aren't having a good year though. I really do think "Work hard, Play Hard" is something to live by because one without the other is not going to prepare you enough for adulting.

TJ Rogers



My senior year is going fantastic. I am planning on attending Northwest for a bachelor's in Computer Science. I just won first place for "Sounds of Music" and am going to state Science Olympiad with my home made instrument. My advice to younger participants is to never be afraid to ask for help, but have confidence in your abilities.

Things to know for summer!

In order to help our summer to run more smoothly, there are a couple of things that we would like to remind students about. Please read ahead carefully.

1. All summer forms are available on the Upward Bound website. Forms can be found via this link: <http://www.nwmissouri.edu/trio/upwardbound/Forms.htm>

Please note: all forms are due by **MARCH 28, 2020**. If forms are not turned in by March 28, Upward Bound must assume that the student will not be participating in the summer component unless prior communication has occurred. If you are unable to print these documents at home, ask your School Counselor to print them for you, OR you can contact Jackie or Rachel to have a packet of forms mailed to you.

2. Absences during the summer session must be reported before summer begins. This is done in your summer forms packet. Any additional absences must be reported at least 1 week prior to the time you will be absent during the summer. Deduction of stipend and a Student Incident Report will occur if this process is not followed.

It is very difficult to plan for summer activities and expenditures if students are constantly coming and going without us having prior knowledge of those absences. We understand that things come up that you may not currently be aware of. Communication is a definite must in these cases. Students will need to speak with Jackie IN PERSON (not via text) if an unexpected absence will occur.

3. Due to the success of our non-caffeine habit the past several summers, Upward Bound will again provide re-useable water bottles for student use during the summer in order to promote hydration and healthy nutritional habits. Students may use a personal water bottle if they choose. Soft drinks (soda, pop, energy drinks, etc.) and coffee will not be allowed during academic hours or during on-campus meals. Many students stated during the summer that they felt better and didn't even miss caffeine after maybe a week. We are excited to continue healthy habits this summer!



WATCH D.O.G.S.

Upward Bound invites Watch D.O.G.S. (Dads of Great Students), including fathers, grandfathers, uncles, or other father figures, to volunteer at least one full day at Upward Bound during our summer component. Watch D.O.G.S. is an innovative father involvement, educational initiative of the National Center for Fathering. There are two primary goals of the worldwide Watch D.O.G.S. program:

1. To provide positive male role models for the students, demonstrating by their presence that education is important.
2. To provide extra sets of eyes and ears to enhance school security and reduce bullying.

It has been shown that fathers and father figures in the classroom can have a tremendously positive impact on the educational process! While at Upward Bound, Watch D.O.G.S. can perform a variety of tasks during their volunteer day, including monitoring during class breaks, assisting students in coursework, monitoring the lunch room, helping in the classroom with a teacher's guidance by working with small groups of students on homework, flashcards, spelling, or projects, and any other assigned activities where they actively engage with not only their own student(s), but other students as well.

Any father-figure who is interested in participating in Watch D.O.G.S. this summer is invited to sign up during one of our two Summer Orientation Meetings scheduled for Tuesday, May 5 or Wednesday, May 6, 2020 at 6:00-7:30 PM.

IMPORTANT DATES

Summer Orientation May 5 or May 6, 2020

6:00-7:30 PM

Students and parent(s)/guardian(s) must attend ONE orientation night. You may choose either date.

You will need to ensure that all forms for the summer component are turned in to the Upward Bound Office by **March 28, 2020**. Forms can be found on our website. <http://www.nwmissouri.edu/trio/upwardbound/Forms.htm>

Please bring information on any additional summer absences that have not already been reported.

ACT Test Dates

| Test Date | Registration Deadline | Late Fee Required |
|---------------|-----------------------|-------------------------|
| April 4, 2020 | Feb. 28, 2020 | Feb. 29 - Mar. 13, 2020 |
| June 13, 2020 | May 8, 2020 | May 9-22, 2020 |
| July 18, 2020 | June 19, 2020 | Jun. 20-26, 2020 |

Always use the Upward Bound code: 9713

**Remember: Each UB participant can utilize 2 ACT fee waivers. Forms are available by contacting the UB office.

Saturday Academy April 25, 2020 SENIORS – Bring your Financial Award Letters! Senior Workshop 11:20 AM-12:05 PM

Seniors, in lieu of a Spring Guidance and Grub, we will instead focus on understanding your Financial Aid Package during the April Saturday Academy Senior Workshop. Your parents/guardians are welcome to attend.

Please bring your Financial Aid Award letters received from your college and your student account information, usually found on your acceptance letters.

Important Upward Bound Updates

UPWARD BOUND SUMMER SCHEDULE CHANGE

Due to unforeseen circumstances related to Northwest Campus Maintenance this summer, our Upward Bound Summer Component schedule has been slightly altered. We will be starting our summer with Move-In on Sunday, June 7th. We will still have a 5-week stay on campus, ending with Move-Out on Friday, July 10th. Our trip will take place on Monday, July 13 through Friday, July 17th. Please take note of the date changes in the schedule on Pages 6-7 of this Newsletter.

ACT FEES UPDATE

UB has mentioned previously that we MIGHT be able to pay for all students to take the ACT this year. Unfortunately, after reviewing our budget and resources, we will NOT be able to pay for students to take the ACT at this time.

All students are eligible to use up to two ACT Fee Waivers, which Upward Bound does offer. If you would like to use a Fee Waiver, please let Jackie or Rachel know.

2020 UB Summer Session
June 7-July 10

2020 Summer Enrichment Trip
July 13-17

UB Contact Information

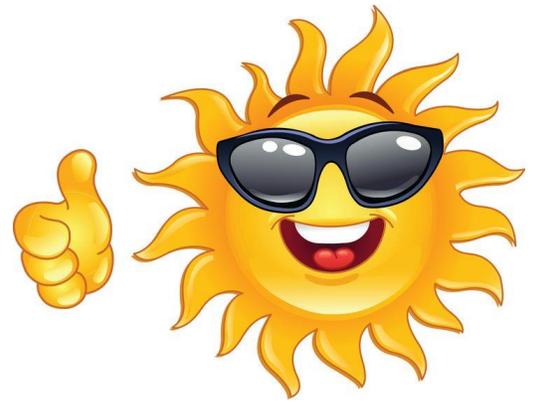
Office: 660-562-1630

Fax: 660-562-1631

Email: jackiec@nwmissouri.edu
wistrom@nwmissouri.edu

Summer

2020



Week 1

| | |
|--------------------|---|
| Sunday, June 7 | Move-in to the Northwest residence halls 3:00-4:00pm for SAC 4:00-4:45pm for New Students 4:45-5:30pm for Returning Students |
| Monday, June 8 | Bridge Classes Begin Family Group Evening Activities |
| Tuesday, June 9 | Tutoring in Hall and Family Visitor Night |
| Wednesday, June 10 | Service Learning Activities |
| Thursday, June 11 | Large Group Activity Night- Omaha Zoo |
| Friday, June 12 | Presentations and workshops Job Shadowing/Work Study Check out of the residence halls (11am-12:30pm) |

Week 2

| | |
|--------------------|--|
| Sunday, June 14 | Return to the residence halls for check-in (7-9pm) |
| Monday, June 15 | Bridge classes begin Family Group Evening Activities |
| Tuesday, June 16 | Tutoring in Hall and Visitor Night |
| Wednesday, June 17 | Service Learning Activities |
| Thursday, June 18 | Large Group Activity Night – St. Joseph Mustangs Game |
| Friday, June 19 | Presentations and workshops Job Shadowing/Work Study Check out of the residence halls (11am-12:30pm) |

Week 3

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|--------------------|--|
| Sunday, June 21 | Return to the residence halls for check-in (7-9pm) |
| Monday, June 22 | Family Group Evening Activities |
| Tuesday, June 23 | Tutoring in Hall and Visitor Night |
| Wednesday, June 24 | Service Learning Activities |
| Thursday, June 25 | Large Group Activity Night – UB/UBMS Etiquette Dinner and Formal |
| Friday, June 26 | Presentations and workshops Job Shadowing/Work Study Check out of the residence halls (11am-12:30pm) |

Week 4

| | |
|-------------------|--|
| Sunday, June 28 | Return to the residence halls for <u>early check-in</u> (12:30-1:30pm) Academic Classes |
| Monday, June 29 | UB Special Event Night (6:30-9pm) |
| Tuesday, June 30 | Family Group Evening Activities Large Group Activity Night – Nelson-Atkins Museum and New Theater “Million Dollar Quartet” |
| Wednesday, July 1 | Service Learning Activities |
| Thursday, July 2 | Check out of residence halls (1 pm-2:00 pm) |
| Friday, July 3 | Independence Day Holiday - NO UB |

Week 5

| | |
|-------------------|--|
| Sunday, July 5 | Return to the residence halls for check-in (7-9pm) |
| Monday, July 6 | Family Group Evening Activities |
| Tuesday, July 7 | Tutoring in Hall and Visitor Night |
| Wednesday, July 8 | Service Learning Activities |
| Thursday, July 9 | Large Group Activity Night – Lied Center and The Hangar |
| Friday, July 10 | Move-out day & Awards Ceremony - TIMELINE TBD |

Week 6

| | |
|-----------------|----------------------------|
| Monday, July 13 | Leave on trip to Wisconsin |
| Friday, July 17 | Return from Wisconsin |